



# Membership benefits



Australasian  
Sleep  
Association



Your ASA membership helps you expand your professional opportunities and be part of a community of more than 1000 individuals working to develop this growing specialty field.

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## Education

- Free access to annual webinar program
- Discounted registration for Sleep DownUnder (SDU)
- Students are eligible to apply for travel grants to attend SDU
- Discounted student rates for SDU
- Reduced registration fees for a number of sleep related courses or events held throughout the year

- Access to the Learning Centre - a library of resources, including past conference presentations and ASA's webinar archive
- Discounted registration for Sleep in Aotearoa, the Annual Scientific Meeting of the ASA New Zealand Branch
- Members have free online access to scientific journals SLEEP, Sleep Advances and Sleep Medicine

## Research

A number of competitive scholarships and awards are available to members including:

- New Investigator Award
- Helen Bearpark Memorial Scholarship – for travel to an overseas institution

## Research continued

- Rob Pierce Grant in Aide – to facilitate a project in the field of sleep research

Further details can be found at [www.sleep.org.au/awards](http://www.sleep.org.au/awards)

## Networking

- Sleep DownUnder, the Annual Scientific Meeting brings together over 600 clinicians, researchers and scientists, from diverse areas of practice.
- Sleep in Aotearoa, the Annual Scientific Meeting of the ASA NZ Branch offers another opportunity to network, focusing mainly on NZ members, all are welcome to attend.
- Opportunities to meet and discuss pertinent issues at State Meetings and other events

## Career development

- Nick Antic Career Development award
- A Mentorship Programme is available for early career scientists and clinicians.
- With 10 Councils representing diverse areas of special interest within sleep medicine and sleep science you can learn from others working in your area, network with like-minded individuals and stay current in your specialty area.
- Access to the Members Only pages of the ASA website
- Job listings on the ASA website (free for members to list)

## Clinical standards

- Contribute to expert writing groups and provide comment on clinical guidelines and position papers before they are published or disseminated to broader audiences
- Access evidence and consensus-based standards of practice aimed at improving patient care and supporting clinical practice

## Advocacy

- ASA is recognised by Government as the leading body in the field of sleep, and is often called upon to consult with Government on health policy and initiatives relevant to sleep medicine
- ASA is constantly working to raise the profile of sleep to the public, media and politicians

## Communications

- Regular e-news
- Members' only communications for time-sensitive news and updates in the field